

Post Surgical care

Post surgical care after hair transplant is fairly simple. There will be a dressing on the donor site which will be removed at your first visit. Following that you can shampoo the donor area after 48 hours. on the fourth or fifth day you can shampoo the recipient area as well. You will be given some pain killers and antibiotics for the immediate postoperative period which usually is for three to five days.

Diet

There are no dietary restriction specific for hair transplantation. you can continue your regular dietary habits as before.

Posture and sleeping

Following a hair transplant procedure its good to have an upright posture Lying down flat may increase the edema in the scalp area. Sleep with two pillows . You can turn and lie down on the right or left side. Lying face down or prone is not preferable.

- Keeping area clean
- Immediately after surgery,you will need to keep dabbing the donor site with a gauze piece and saline. This has has to done every waking hour for the first 48 hours.
- After the first 48 hours or two days, you can shampoo the donor site carefully
- After 4-5 days you can shampoo the transplanted region with dilute shampoo.
- Watch out for
- Bleeding
- Pain
- Fever
- Any discomfort